

# State Resources for Seniors in Pennsylvania

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

## Food Assistance Programs for Seniors

Older Pennsylvanians may experience food insecurity, or reliable access to nutritious meals, due to social isolation, lack of transportation, limited financial resources and difficulty finding nutrition-related resources. Fortunately, the Keystone State has several Meals on Wheels programs, food pantries and government nutrition programs to help.

#### Meals on Wheels

Meals on Wheels offers home-delivered meals to seniors in specific service areas. Each organization has eligibility rules that may include a minimum age or residence in a certain city, county or region.

	Area Served	Address	Phone Number
Meals on Wheels of NEPA	Lackawanna County	541 Wyoming Avenue Scranton, PA 18509	(570) 346-2421
Meals on Wheels of Wyoming Valley	Wilkes-Barre and surrounding areas	190 South Sprague Avenue Kingston, PA 18704	(570) 288-1023
Hazelwood-Greenfield Meals on Wheels	Hazelwood, Greenfield, Glen Hazel	5115 Second Avenue Pittsburgh, PA 15207	(412) 499-4313
Meals on Wheels of Southwest PA	Pittsburgh, North Boros Sewickley, McKnight, North Country, West Hills	28 Pittsburgh Street Pittsburgh, PA 15202	(412) 766-7763
Meals on Wheels Erie	Erie and surrounding areas	4408 Peach Street Suite 102 Erie, PA 16509	(814) 452-6930

#### **Food Pantries**

Pennsylvania has many food pantries operated by nonprofit organizations. Some distribute food to anyone in need, while others have income limits or other eligibility requirements. Check with the organizations in your area to find out what kind of documentation is required.

	Area Served	Address	Phone Number
Greater Pittsburgh Community Food Bank	Allegheny County, Beaver County, Cambria County, Greene County, Lawrence County, Washington County, Armstrong County, Butler County, Fayette County, Indiana County, Indiana County, Somerset County	1 North Linden St. Duquesne, PA 15110	(412) 460-8663
Philabundance	Philadelphia	3616 South Galloway Street Philadelphia, PA 19148	(215) 339-0900
Weinberg Northeast Regional Food Bank	Lackawanna County, Susquehanna County, Luzerne County, Wyoming County	185 Research Drive Pittston, PA 18640	(570) 908-2222
Second Harvest Food Bank of the Lehigh Valley and NEPA	Lehigh County, Luzerne County, Lackawanna County	6969 Silver Crest Road Nazareth, PA 18064	(484) 287-4015
Central Pennsylvania Food Bank	Lycoming County	3301 Wahoo Drive Williamsport, PA 17701	(570) 321-8023

### **Government Assistance Programs**

If you can't get to a food pantry or have meals delivered by Meals on Wheels volunteers, Pennsylvania offers nutritious meals at senior centers throughout the state. You may also qualify for home-delivered meals or monthly food boxes.

	Area Served	Address	Phone Number
Pennsylvania Department of Aging Senior Meals	Statewide	555 Walnut Street 5th Floor Harrisburg, PA 17101	Contact your local senior center
Senior Food Box Program	Statewide	2301 North Cameron Street Harrisburg, PA 17110	(800) 468-2433