

# State Resources for Seniors in Nevada

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

## Food Assistance Programs for Seniors

Nutrition plays an important role in optimizing well-being, and this is especially important for seniors who may be managing multiple health issues. For those who come up short when budgeting for food or those struggling to prepare their own meals, Nevada offers a number of programs to ensure you get the healthy meals you need.

#### **Meals on Wheels**

The Meals on Wheels program has provided balanced, nutritious meals to those in need since the 1960s. This service is generally available to seniors over the age of 60 who are homebound or have a medical condition that makes it difficult to prepare meals. It's important to note that each Meals on Wheels provider determines the frequency and schedule of meal deliveries. Some locations may also have a maximum time frame or number of meals it can deliver to an individual.

	Area Served	Address	Phone Number
Catholic Charities of Southern Nevada	Las Vegas	1501 Las Vegas Blvd North Las Vegas, NV 89101	(702) 385-5284
Senior Services Reno	Washoe County	1155 East 9th Street Reno, NV 89512	(775) 328-2575
Carson City Senior Citizens Center	Carson City	911 Beverly Drive Carson City, NV 89706	(775) 883-0703
Fallon Paiute Shoshone Tribe	Churchill County	1885 Agency Road Fallon, NV 89406	(775) 423-7569
Catholic Charities of Southern Nevada	Clark County	1501 Las Vegas Boulevard North Las Vegas, NV 89101	(702) 385-5284
Douglas County Community and Senior Center	Douglas County	1329 Waterloo Lane Gardnerville, NV 89410	(775) 783-6455
Carlin Open Door Senior Citizens Center	Elko County	320 Chestnut Street Carlin, NV 89822 (775) 754-6465	

Eureka Senior Centers	Eureka County	20 West Gold Street Eureka, NV 89316	(775) 237-5597
Caliente Senior Center	Lincoln County	240 Front Street Caliente, NV 89008	(775) 962-8084
Silver Springs Senior Center	Lyon County	2945 Fort Churchill Road Silver Springs, NV 89429	(775) 577-5014
Hawthorne Senior Center	Mineral County	975 K Street Hawthorne, NV 89415	(775) 945-5519
Tonopah Senior Center	Nye County	1 Senior Center Drive Tonopah, NV 89049	(775) 482-6450
Lockwood Community Senior Center	Storey County	800 Peri Ranch Road Sparks, NV 89434 (775) 342-2840	

#### **Food Pantries**

Food pantries are a great option for seniors with a sparse grocery budget. Some pantries offer weekly or monthly pre-packed boxes, while others allow seniors to choose from available options. Many locations even offer drive-through services, allowing seniors to collect their food without ever needing to leave their vehicles.

	Area Served Address		Phone Number
Hope for the City	Henderson, Las Vegas 241 N Stephanie Street Henderson, NV 89074		(855) 922-2711
Emergency Aid Boulder City, Inc.	Boulder City	Boulder City 600 Nevada Way Boulder City, NV 89005	
Yerington Food Pantry	Yerington	124 West Bridge Street Yerington, NV 89447	(775) 350-4597
Jackpot Helping Hands Family Services	Jackpot	1594 Pond Drive Jackpot, NV 89825	(775) 451-1802
First United Methodist Church	Reno	209 West 1st Street Reno, NV 89501	(775) 322-4564
Colorado River Food Bank	Laughlin	240 E. Laughlin Civic Drive Laughlin, NV 89029	(702) 298-9220

Helping Hands of Vegas Valley	North Las Vegas	3640 N. 5th Street North Las Vegas, NV 89032	(702) 633-7264
Carson Valley Community Food Closet	Gardnerville	1255 Waterloo Lane Gardnerville, NV 89410	(775) 782-3711
Food Bank of Northern Nevada	Sparks	550 Italy Drive Sparks, NV 89437	(775) 331-3663
First Tongan United Methodist Church	Sun Valley	5705 Biller Lane Sun Valley, NV 89433	(775) 971-9446
Las Vegas Rescue Mission	Las Vegas	480 West Bonanza Road Las Vegas, NV 89106	(702) 474-7535
Jewish Family Service Agency	Las Vegas	4794 S. Eastern Avenue Las Vegas, NV 89119	(702) 732-0304
Truth Christian Ministries	Las Vegas	5101 N. Rainbow Boulevard Las Vegas, NV 89130 (702) 476-5660	

### **Government Assistance Programs**

If the above resources aren't enough to meet your needs, Nevada also has a statewide program to help connect seniors with appropriate services.

	Area Served	Address	Phone Number
Nevada 211	Statewide	4126 Technology Way, Suite 100 Carson City, NV 89706	211 or (866) 535-5654