

# State Resources for Seniors in Alaska

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

## Food Assistance Programs for Seniors

Food insecurity is a common challenge for seniors, which can be detrimental to physical and emotional health. Good nutrition is necessary to maintain quality of life, so Alaska has many options for seniors who cannot meet their own grocery needs.

#### **Meals on Wheels**

Alaskans over the age of 60 may qualify for the Meals on Wheels program. Those eligible can receive weekly deliveries that often include a hot meal and the option of frozen meals to sustain them throughout the week. Each location sets its own delivery dates, the maximum number of meals allowed and the maximum delivery period.

	Area Served	Address	Phone Number
Juneau Senior Center	Angoon, Craig, Haines, Hoonah, Juneau, Kake, Ketchikan, Klawock, Klukwan, Saxman, Sitka, Skagway, Wrangell and Yakutat	895 West 12th Street, Suite 160 Juneau, AK 99801	(907) 463-6179
The Salvation Army Older Alaskans Program	Anchorage	1712 A Street Anchorage, AK 99501	(907) 349-0613
Wasilla Area Seniors, Inc.	Mat-Su Valley	1301 S. Century Circle Wasilla, AK 99654	(907) 206-8800
Soldotna Senior Center	Soldotna, Ridgeway and Funny River	197 W. Park Avenue Soldotna, AK 99669	(907) 262-2322
Kenai Senior Center	Kenai	361 Senior Court Kenai, AK 99611	(907) 283-4156
Fairbanks Senior Center	The greater Fairbanks area	1424 Moore Street Fairbanks, AK 99701	(907) 452-1735
Swan Lake Senior Center	Sitka	402 Lake Street Sitka, AK 99835	(907) 747-8617
Ketchikan Senior Center	Ketchikan	2401 Eagle Avenue #2 Ketchikan, AK 99901	(907) 225-6578

XYZ Senior Center	Nome	104 Division Street Nome, AK 99762	(907) 443-5238
Kodiak Senior Center	Kodiak	302 Erskine Avenue Kodiak, AK 99615	(907) 486-6181
Unalaska Senior Citizens	Unalaska	P.O. Box 294 Unalaska, AK 99685	(907) 581-5195
Seward Senior Center	Seward	336 Third Avenue Seward, AK 99664	(907) 224-5604
Homer Senior Citizens, Inc.	Homer	3935 Svedlund Street Homer, AK 99603	(907) 235-7655

#### **Food Pantries**

Seniors who can prepare their own food but are struggling to fill their cupboards can take advantage of their local food pantry. Some locations allow participants to select the items they take home, while others prepare boxes of food that seniors can pick up or have delivered.

	Area Served	Address	Phone Number
Food Bank of Alaska	Statewide	2192 Viking Drive Anchorage, AK 99501	(907) 272-3663
Kenai Peninsula Food Bank	Kenai Peninsula	33955 Community College Drive Soldotna, AK 99669	(907) 262-3111
Matsu Food Bank	Mat-Su Valley	501 E. Bogard Road Wasilla, AK 99654	(907) 357-3769
Salvation Army – Ketchikan Corps	Ketchikan	342 Stedman Street Ketchikan, AK 99901	(907) 225-5277
Nome Community Center	Nome	505 West 3rd Avenue Nome, AK 99762	(907) 443-5259
Southeast Alaska Food Bank	Juneau, Pelican, Gustavus and Hoonah	10020 Crazy Horse Drive Juneau, AK 99801	(907) 789-6184
Eagle River Presbyterian	Chugiak and Eagle River	12836 Old Glenn Highway Eagle River, AK 99577	(907) 694-5753
Palmer Food Bank	Palmer	221 South Valley Way Palmer, AK 99645	(907) 746-3565

North Pole	503 Kit Boulevard North Pole, AK 99705	(907) 488-6431
Valdez	278 Richardson Highway Valdez, AK 99686	(907) 835-3663
Fairbanks	725 26th Avenue Fairbanks, AK 99701	(907) 457-4273
Норе	Bear Creek #1 Street Mile 15 3/4 Hope Road Hope, AK 99605	(907) 782-3557
Anchorage	1121 E. 10th Avenue Anchorage, AK 99501	(907) 343-4130
Anchorage	1220 E. Street, Suite 100 Anchorage, AK 99501	(907) 274-4673
Anchorage	1303 W. 33rd Avenue Anchorage, AK 99503	(907) 272-0643
Meadow Lakes	7362 W. Parks Highway Meadow Lakes, AK 99654	(907) 864-0463
	Valdez   Fairbanks   Hope   Anchorage   Anchorage	North PoleNorth Pole, AK 99705Valdez278 Richardson Highway Valdez, AK 99686Fairbanks725 26th Avenue Fairbanks, AK 99701HopeBear Creek #1 Street Mile 15 3/4 Hope Road Hope, AK 99605Anchorage1121 E. 10th Avenue Anchorage, AK 99501Anchorage1220 E. Street, Suite 100 Anchorage, AK 99501Anchorage1303 W. 33rd Avenue Anchorage, AK 99503Meadow Lakes7362 W. Parks Highway

### **Government Assistance Programs**

If the above resources aren't enough to fill the food gap, there are a few state programs for which seniors may be eligible.

	Area Served	Address	Phone Number
Commodity Supplemental Food Program	Statewide	130 Seward Street, Room 508 Juneau, AK 99801	(907) 465-3100
Senior Farmers' Market Nutrition Program	Statewide	855 W. Commercial Drive Wasilla, AK 99654	(800) 478-7778