At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.
Food Assistance Programs for Seniors

Food insecurity is an issue many seniors face, so Vermont residents have a variety of options to ensure they have access to regular, nutrient-rich foods. If your income doesn’t fully cover your nutritional needs, you may qualify for assistance through the Meals on Wheels program, one of your local food pantries or one of the appropriate state-run programs.

Meals on Wheels

Eligible seniors can take advantage of their local Meals on Wheels program, receiving deliveries of hot prepared meals on a preset schedule. Programs are run separately and will offer different delivery dates and times. The number of meals you qualify for may also vary by location.

<table>
<thead>
<tr>
<th>Area Served</th>
<th>Address</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Meals on Wheels Central Vermont</td>
<td>Barre City, Barre Town, Berlin, Orange, Washington and Williamstown</td>
<td>14 Washington Street, Suite 511 Barre, VT 05641</td>
</tr>
<tr>
<td>Vermont Center for Independent Living</td>
<td>Montpelier, Bennington, Brattleboro, Burlington, Morrisville and Rutland</td>
<td>11 East State Street Montpelier, VT 05602</td>
</tr>
<tr>
<td>Meals on Wheels of Lamoille County</td>
<td>Lamoille County and Worcester</td>
<td>21 Munson Avenue, Suite 2 Morrisville, VT 05661</td>
</tr>
<tr>
<td>Chelsea Senior Center</td>
<td>Chelsea, Tunbridge and Vershire</td>
<td>512 Washington Street Chelsea, VT 48118</td>
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<tr>
<td>Orange East Senior Center</td>
<td>Bradford, Corinth, Fairlee, Newbury and Topsham</td>
<td>176 Waits Road Bradford, VT 05033</td>
</tr>
<tr>
<td>Quin-Town Senior Center</td>
<td>Granville, Hancock, Pittsfield, Rochester and Stockbridge</td>
<td>1097 Vermont Route 100 Hancock, VT 05748</td>
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</tbody>
</table>
### Food Assistance Programs for Seniors

#### City Hotel Café
- **Area Served:** Barre City, Barre Town, Orange, Washington, Williamstown and areas of Berlin
- **Address:** 14 Washington Street
- **Phone Number:** (802) 479-9175

#### Montpelier Senior Activity Center
- **Area Served:** Montpelier and southwest Berlin
- **Address:** 58 Barre Street
- **Phone Number:** (802) 223-2518

#### South Royalton Senior Center
- **Area Served:** Bethel, Royalton and Sharon
- **Address:** 4266 Vermont Route 14
- **Phone Number:** (802) 763-7386

#### Randolph Senior Center
- **Area Served:** Braintree, Brookfield and Randolph
- **Address:** 6 Hale Street
- **Phone Number:** (802) 728-9324

#### Mad River Valley Senior Center
- **Area Served:** Fayston, Waitsfield, Warren, Duxbury and Moretown
- **Address:** 5398 Main Street
- **Phone Number:** (802) 496-2543

#### Northfield Senior Center
- **Area Served:** Northfield, Roxbury and Berlin
- **Address:** 168 Wall Street
- **Phone Number:** (802) 485-8112

#### Twin Valley Senior Center
- **Area Served:** Cabot, Calais, East Montpelier, Marshfield, Plainfield and Woodbury
- **Address:** 4583 U.S. Route 2
- **Phone Number:** (802) 223-3322

#### Waterbury Area Senior Center
- **Area Served:** Waterbury, Middlesex, Duxbury and Moretown
- **Address:** 14 Stowe Street
- **Phone Number:** (802) 244-1234

#### Food Pantries
Vermont offers dozens of food pantries to ensure seniors always have access to nutritious food. Aside from a statewide program, there are several smaller, localized organizations that serve their immediate areas. The hours of operation and eligibility criteria vary by location.

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<tr>
<td>Vermont Foodbank</td>
<td>Statewide at designated pickup locations</td>
<td>33 Parker Road Barre, VT 05641</td>
</tr>
<tr>
<td>Hardwick Area Food Pantry</td>
<td>Hardwick, Albany and Craftsbury</td>
<td>39 W Church St Hardwick, VT 05843</td>
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</tbody>
</table>
Deerfield Valley Food Pantry
Dover, Halifax, Marlboro, Readsboro, Searsburg, Whitingham and Wilmington
7 Church Street
Wilmington, VT 05363
(802) 464-0148

Randolph Area Food Shelf
Randolph, Braintree, Brookfield and East Granville
12 Prince Street, Unit 3
Randolph, VT 05060
(802) 431-0144

**Government Assistance Programs**
If the above programs are not able to accommodate your food insecurity, the following government programs may be able to provide additional assistance:

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<tr>
<td>3SquaresVT</td>
<td>Statewide</td>
<td>(800) 479-6151</td>
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<td></td>
<td>Visit your local Economic Services Department office</td>
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<tr>
<th><strong>Senior Farm Share Program</strong></th>
<th><strong>Participating housing sites</strong></th>
<th><strong>P.O. Box 697 Richmond, VT 05477</strong></th>
<th>(802) 434-4122</th>
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