



# State Resources for Seniors in Montana

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

# Food Assistance Programs for Seniors

It's particularly important that older adults have sufficient nutrition to remain healthy. Finances can prevent some seniors from eating enough food, while others have difficulties preparing meals. Montana has programs that make nutritious food more accessible and affordable for seniors, including Meals on Wheels, senior centers, food pantries and government initiatives.

## Meals on Wheels

Meals on Wheels helps to reduce hunger and enhance socialization through the provision of home-delivered meals across Montana. Local offices determine delivery schedules.

	Area Served	Address	Phone Number
<b>Meals on Wheels at Adult Resource Alliance of Yellowstone County</b>	Billings, Lockwood, Worden and Laurel	1505 Avenue D Billings, MT 59102	(406) 259-9666
<b>Meals on Wheels at Missoula Aging Services</b>	Missoula County	337 Stephens Avenue, Missoula, MT 59801	(406) 728-7682
<b>Meals on Wheels at Valley County Council on Aging</b>	Valley County	501 Court Square, P.O. Box 16, Glasgow, MT 59230	(406) 228-9500
<b>Meals on Wheels at Rocky Mountain Development Council</b>	Helena, East Helena, Boulder, Augusta, Townsend, Lincoln and Whitehall	200 South Cruse Avenue, Helena, MT 59601	(406) 457-7361
<b>Meals on Wheels at Ravalli County Council on Aging</b>	Ravalli County	310 Old Corvallis Road, Hamilton, MT 59840	(406) 363-5690



## Senior Centers and Nutrition Sites

Senior centers and nutrition sites offer a range of services and social opportunities for older adults. Many centers run nutrition programs that deliver meals to homebound seniors, provide pick-up meals and serve free on-site congregate meals for those aged 60 and older. Some sites cater to varying dietary requirements and deliver prescribed liquid dietary supplements.

	Area Served	Address	Phone Number
<b>Arlee Senior Center</b>	Arlee	39532 Wessinger Street, Arlee, MT 59821	(406) 726-3213
<b>Charlo-Moiese Senior Center</b>	Charlo and Moiese	56686 Highway 212, Charlo, MT 59824	(406) 644-2531
<b>Mission Valley Senior Center</b>	Ronan	528 Main St SW, Ronan, MT 59864	(406) 676-2371
<b>Ennis Senior Center</b>	Madison County	315 West Main Street, Ennis, MT 59729	(406) 682-4422
<b>Park County Senior Center</b>	Park County	206 South Main Street, Livingston, MT 59047	(406) 333-2276
<b>North Valley Senior Center</b>	Columbia Falls	205 Nucleus Avenue, Columbia Falls, MT 59912	(406) 892-4087
<b>Kalispell Senior Center</b>	Kalispell	40-11th Street West, Suite 110, Kalispell, MT 59901	(406) 257-1598
<b>Kootenai Senior Citizens Center</b>	Troy	304 Third Street, Troy, MT 59935	(406) 295-4140
<b>Saint Regis Senior Center</b>	St. Regis	209 Lobo Loop, St. Regis, MT 59866	(406) 649-4833

## Food Pantries

There are several food pantries throughout Montana that provide free or affordable dried and fresh ingredients to older adults and needy individuals. Food pantries set their own eligibility requirements and operating hours. Pantries may either deliver items or require collection of goods.

	Area Served	Address	Phone Number
<b>Pantry Partners Food Bank</b>	Stevensville	3614 ALC Way, Stevensville, MT 59870	(406) 777-0351
<b>West Shore Food Bank</b>	Zip codes 59901, 59914, 59915, 59922, 59929, 59931, 59932	140 Bills Road Lakeside, MT 59922	(406) 844-2779
<b>Sagebrush Food Pantry</b>	Shelby	669 Park Drive, Shelby, MT 59474	(406) 424-8287
<b>Gallatin Valley Food Bank</b>	Bozeman	602 Bond Street, Bozeman, MT 59715	(406) 586-7600
<b>Billings Food Bank</b>	Yellowstone County	2112 4th Avenue North, Billings, MT 59101	(406) 259-2856
<b>Bigfork Food Bank</b>	Bigfork	7535 Montana Hwy 35, Bigfork, MT 59911	(406) 837-2297
<b>Flathead Food Bank</b>	Flathead Valley	1203 U.S. Hwy 2 West, Suite 2, Kalispell, MT 59901	(406) 752-3663
<b>Livingston Food Resource Center</b>	Livingston and Park County	202 South 2nd St, Livingston, MT 59047	(406) 222-5335
<b>Missoula Food Bank and Community Center</b>	Missoula and statewide	1720 Wyoming St, Missoula, MT 59801	(406) 549-0543
<b>Big Sky Community Food Bank</b>	Big Sky and statewide	47995 Gallatin Road, Big Sky, MT 59716	(406) 995-3088

## Government Assistance Programs

If you need further nutrition assistance that isn't covered by any of the previous organizations, you may qualify for help from a government program.

	Area Served	Address	Phone Number
<b>Senior Farmers Market Nutrition Program</b>	Statewide	P.O. Box 7025, Missoula, MT 59807	(406) 926-1625
<b>Montana Supplemental Nutrition Assistance Program</b>	Statewide	1500 East Sixth Ave, PO Box 202925, Helena, MT 59620-2925	(888) 706-1535