



# State Resources for Seniors in Delaware

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

# Food Assistance Programs for Seniors

Good nutrition is important for all seniors, and there are many factors that can make it difficult for older adults to take in adequate amounts of nutritious food. Some older adults have digestive issues that make it harder for them to absorb nutrients from their meals. Others lose their appetites as they get older or struggle to shop and cook for themselves. The following organizations help seniors access nutritious foods so they can stay fit and healthy.

## Meals on Wheels

The Meals on Wheels program delivers nutritious, freshly prepared meals to seniors across the state, and each county has its own Meals on Wheels program. Trained drivers deliver the meals and also perform wellness checks, giving the seniors regular social contact and helping them live independently and safely in their own homes for as long as possible.

	Area Served	Address	Phone Number
<b>City Fare Meals on Wheels</b>	New Castle County	1703 West 10th Street, Wilmington, DE 19805	(302) 421-3734
<b>Modern Maturity Center</b>	Kent County	1121 Forrest Avenue, Dover, DE 19904	(302) 734-1200
<b>CHEER</b>	Sussex County	Various senior centers across the county	(302) 515-3040

## Food Pantries

Food pantries provide food with a long shelf-life, such as dried or tinned goods, to families in need. Seniors can contact these food pantries to request support if they are struggling to afford food for themselves.

	Area Served	Address	Phone Number
<b>Food Bank of Delaware - Newark</b>	Newark	222 Lake Drive, Newark, DE 19702	(302) 292-1305
<b>Food Bank of Delaware - Milford</b>	Milford	1040 Mattlind Way, Milford, DE 19963	(302) 424-3301
<b>New Knollwood Civic Association, Food Closet</b>	Claymont	4 Colby Avenue, Claymont, DE 19703	(302) 793-1627
<b>Holy Rosary Food Closet</b>	Claymont	3200 Philadelphia Pike, Claymont, DE 19703	(302) 798-1513
<b>Amazing Grace US Food Rescue</b>	New Castle County	78 Southgate Boulevard, New Castle, DE 19709	(302) 777-7791
<b>Southside Baptist Church</b>	Kent County	4904 South Dupont Highway, Dover, DE 19901	(302) 697-2411
<b>Jewish Family Services Food Pantry</b>	Wilmington and Sussex	99 Passmore Road, Wilmington, DE 19803	(302) 478-9411

## Government Assistance Programs

Seniors who are living on a low income may qualify for ongoing government assistance to help them purchase food or cover urgent bills. There are also emergency government assistance programs that can help with unforeseen expenses or short-term bills.

	Area Served	Address	Phone Number
<b>Supplemental Nutrition Assistance Program</b>	Statewide	Contact the nearest state service center	(302) 231-1464
<b>Emergency Assistance</b>	Statewide	Contact the nearest state service center	Email: DHSS_DSSC@ delaware.gov